



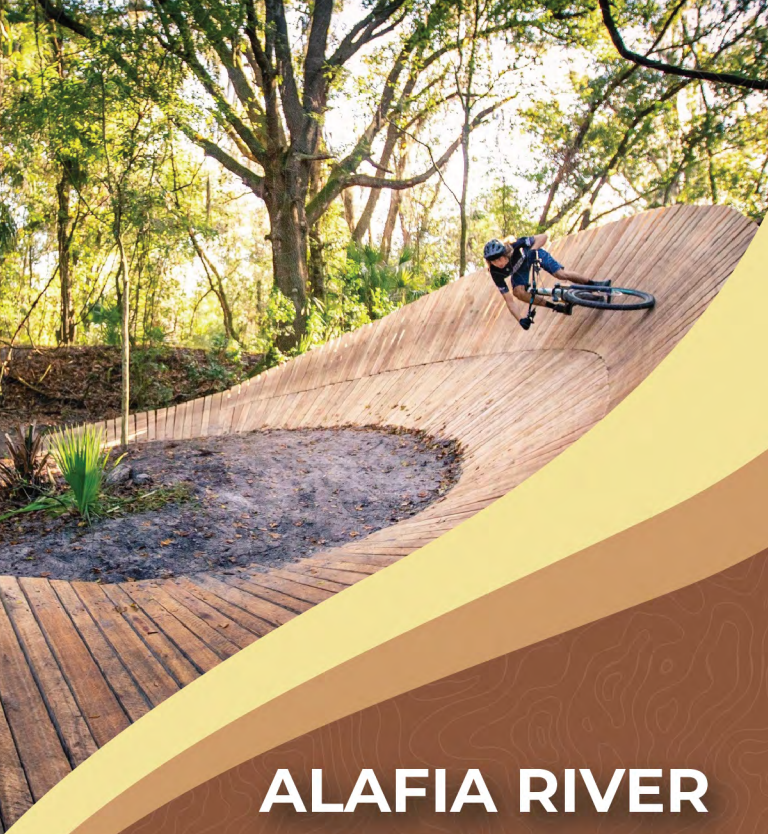
MOUNTAIN BIKING IN FLORIDA

Thrilling adventure awaits, and so do rocks, roots and heart-racing descents. Here are 10 locations where you can check out mountain biking in Florida. Find one close to you!



FloridaDEP.gov/OGT





ALAFIA RIVER STATE PARK

The Alafia River State Park trail system offers more than 20 miles of single-track trails. The three easiest trails are connected to form the “Easy Loop” – an eight-mile, one-way trip. Follow the signs for River Loop to Rock Garden to Sand Pine. All three trails are designed to accommodate children with small bikes and can be ridden with city bikes. The intermediate sections are Garden Ridge, North Creek and Roller Coaster. Alafia mountain bike trails offer challenges enjoyable at any age.

ALAFIA RIVER STATE PARK



14326 S. COUNTY ROAD 39
LITHIA, FL 33547



TERRAIN: VARIED
NATURAL SURFACES



ENTRANCE FEE
REQUIRED



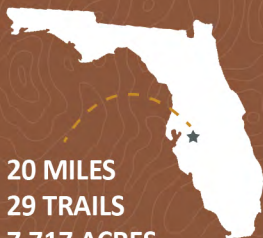
-HELMET REQUIRED
-LEASHED PETS ONLY



IMMEDIATE
EMERGENCY PHONE
911



PARK PHONE
(813) 672-5320



20 MILES
29 TRAILS
7,717 ACRES



Very few Florida mountain bike trails can boast “double black diamond,” but Alafia River State Park offers four.

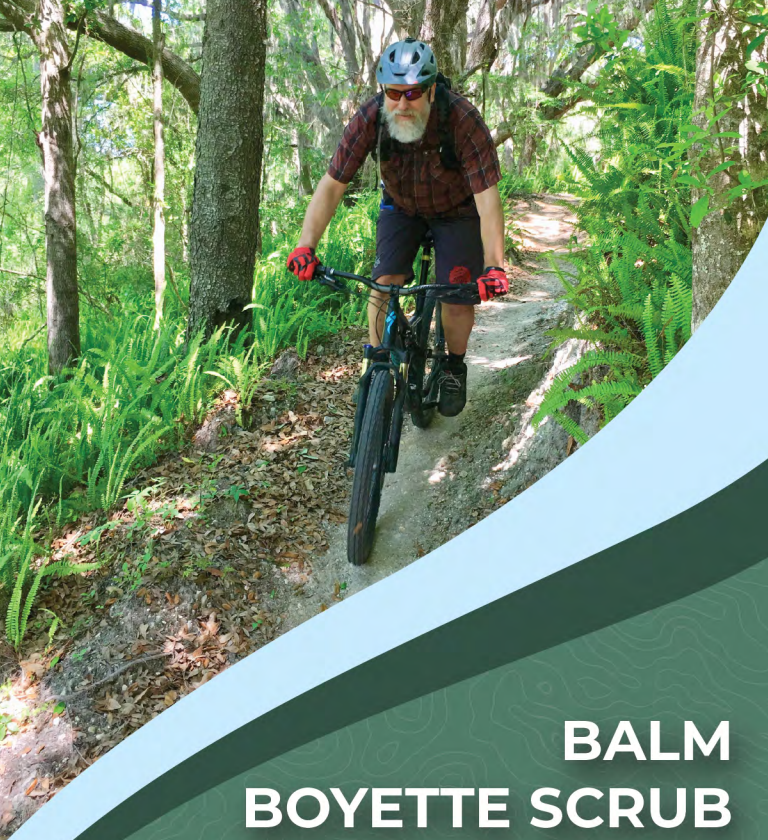


Check for periodic mountain bike skills clinics.

Maintained by Friends of Alafia Trail Crew

For more information, check out alafiaTrails.com





BALM BOYETTE SCRUB NATURE PRESERVE

The preserve is 5,723 acres in Hillsborough County, with 25 miles of mountain biking trails providing recreation for everyone. Begin with an easy warm-up, then hit the intermediate trails and top it off with some of the most challenging trails in Florida. The Balm Boyette Scrub Nature Preserve has over 800 acres of intact scrub habitat. This habitat supports various protected plant and animal species, including the Florida golden aster, scrub-jays and gopher tortoises.

BALM BOYETTE SCRUB NATURE PRESERVE



15102 COUNTY ROAD 672
WIMAUMA, FL 33598



TERRAIN: NATURAL
SURFACE



FREE



- HELMET REQUIRED
- HIKING, FISHING AND PETS ARE ALLOWED
- NO FOOT TRAFFIC ON BIKE TRAILS



IMMEDIATE
EMERGENCY PHONE
911



PRESERVE PHONE
(813) 672-7876



25 MILES
34 TRAILS
5,723 ACRES



Balm Boyette
Scrub Nature
Preserve was
built on old
mining land.



Check out
upcoming events.



Built and maintained by SWAMP Mountain Bike Club

For more information, check out swampmtbclub.com






BIG SHOALS PUBLIC LANDS


Big Shoals Public Lands consists of 4,000 acres of wooded terrain, providing ample opportunity for hiking, mountain bike riding and wildlife viewing. With views that are seen nowhere else in the state, the unique vistas from high atop the limestone bluffs some 80 feet above the Suwannee River will amaze and enchant you. To top it off, some of the only “whitewater” in Florida may be found along this section of the river. Make sure to check out all 28 miles!

BIG SHOALS PUBLIC LANDS


 11330 SE COUNTY ROAD 135
WHITE SPRINGS, FL 32096

 TERRAIN: VARIED
NATURAL SURFACES

 ENTRANCE FEE
REQUIRED

 -HELMET REQUIRED
-MULTI-DIRECTIONAL
TRAILS


 IMMEDIATE
EMERGENCY PHONE
911


 PARK PHONE
(386) 397-4331


Maintained by Suwannee
River Water Management
District, Florida Forest
Service, Florida State
Parks and Florida
Fish and Wildlife
Conservation
Commission



28 MILES
17 TRAILS
4,000 ACRES

 These trails include
scenic river bluffs
and Big Shoals
itself, Florida's only
class III rapids.

 Big Shoals Wildlife
Management Area
has limited hunts,
so check out hunting
schedules before-
hand.

 Suwannee Bicycle
Association hosts the
Annual Spring Pedal 'n'
Paddle Festival, four
days of road, trail
riding and paddling!



MARKHAM PARK TRAIL

With roughly 14 miles of trails, the Markham Park Mountain Bike Trails offer bicycle enthusiasts a challenging experience. Trails are available for the novice, intermediate, expert/pro rider and the adaptive bike rider. Also, there is a four-mile trail specifically for off-road, hand-powered recumbent bikes. This trail is open to children, first-time mountain bikers and anyone else who may be uncertain if they are ready for the park's more rugged 10 miles of mountain bike trails.

MARKHAM PARK TRAIL



16001 W. STATE ROAD 84
SUNRISE, FL 33326



TERRAIN: NATURAL/
ROCKY SURFACES



ENTRANCE FEE
REQUIRED



-HELMET REQUIRED

-NO EARBUDS

-SINGLE DIRECTIONAL
TRAILS



IMMEDIATE
EMERGENCY PHONE
911



PARK PHONE
(954) 357-8868



14 MILES
29 TRAILS
669 ACRES



To bike, you will
need to buy a pass,
sign a waiver and
watch a short video.



For more
experienced
riders, check out
the Alligator Alley,
Grassy Knoll, Gun
Range and Area 51
trails.

Maintained by Markham Trail Crew

*For more information, check out
markhampark.com/biking/*






CHUCK LENNON PARK


The Chuck Lennon Trails are hard clay packed trails for novice to advanced skill levels. From the steep ups and downs to the hairpin turns, the Chuck Lennon Trails will test all abilities. There are seven separate one-way trails you can ride for approximately 11 miles. There is also a pump track and a small advanced skills area (dirt jumps). Remember, most trails at Chuck Lennon Park will be temporarily closed after excessive rainfall.


CHUCK LENNON PARK

 5000 GREENFIELD DAIRY ROAD
DE LEON SPRINGS, FL 32130

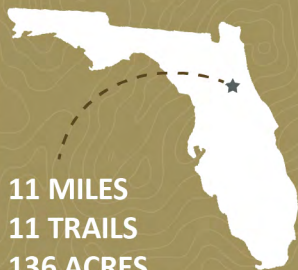
 TERRAIN:
NATURAL SURFACES

 FREE


 -HELMET REQUIRED
-REMEMBER INSECT
REPELLENT


 IMMEDIATE
EMERGENCY PHONE
911

 PARK PHONE
(386) 736-5953



11 MILES
11 TRAILS
136 ACRES

 A pump track and a small advanced skills area for jumps are available.

 Trails may alternate direction based on the day of the week. Read posted signs.

Maintained by Florida Association of
Single Track Riders

*More for information, check out
fastrsorba.com/trails/chuck-lennon-trails*






KATHRYN ABBEY HANNA PARK

Largely shaded by trees and often accompanied by an ocean breeze, the 20 miles of single-track trails and a three-mile fire road in the park offers year-round enjoyment for all ages. The trails found at Kathryn Abbey Hanna Park are filled with diverse wildlife, ranging from sandhill cranes to armadillos. Alligators can be seen along the park's 60-acre freshwater lake. Hikers and runners also utilize the trails alongside mountain bikers.

KATHRYN ABBNEY HANNA PARK


 500 WONDERWOOD DRIVE
JACKSONVILLE, FL 32233

 TERRAIN: VARIED
NATURAL SURFACES

 ENTRANCE FEE
REQUIRED


 -HELMET REQUIRED
-SINGLE-TRACK ONLY
-LEASHED PETS IN
DESIGNATED AREAS


 IMMEDIATE
EMERGENCY PHONE
911

 PARK PHONE
(904) 255-6767



20 MILES
9 TRAILS
447 ACRES

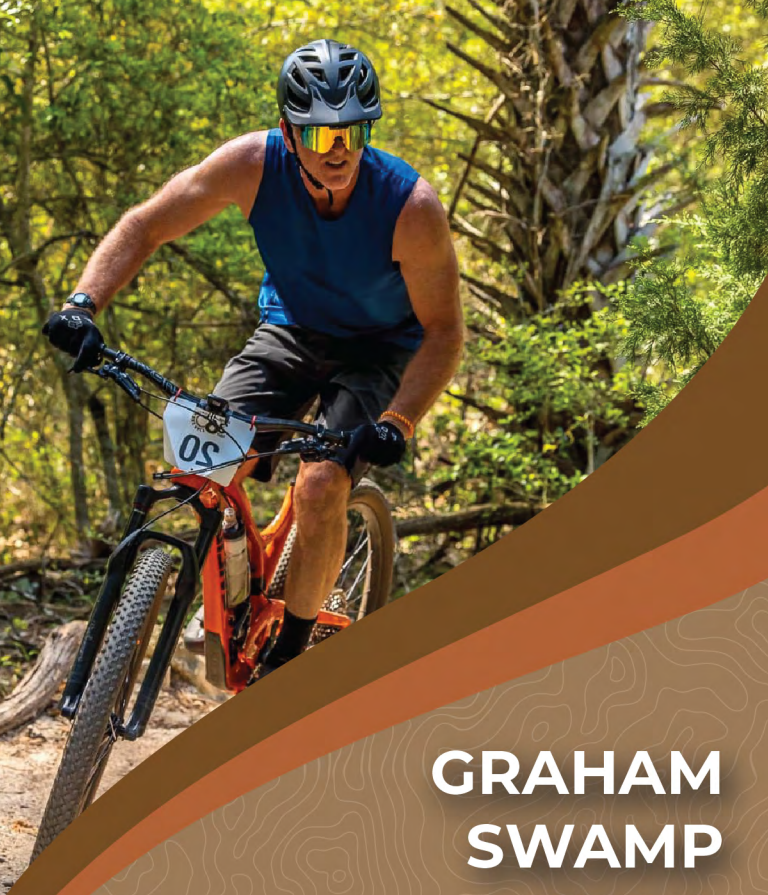
 This park also
features a
full-service
campground and
ocean views.

 With 1.5 miles of
sandy beach, it is
also home to the
premier surfing
spot, The Poles.

Maintained by Southern Off-Road Bicycle Association

*For more information, check out
sorbajax.org/hanna-park*





GRAHAM SWAMP TRAIL

This mountain bike trail is an entertaining yet challenging 5.5-mile-long trail with heavy climbs and switchbacks. Taking visitors through a variety of environments, the Graham Swamp Preserve Mountain Bike Trail consists of swampland, flatwoods, rocky hills and thick forest. Expect wildlife to be roaming around as this is a conservation area.

GRAHAM SWAMP TRAIL



5140 COLBERT LANE
PALM COAST, FL 32137



TERRAIN: NATURAL/
ROCKY SURFACES



FREE

-HELMET REQUIRED



-SINGLE-TRACK ONLY

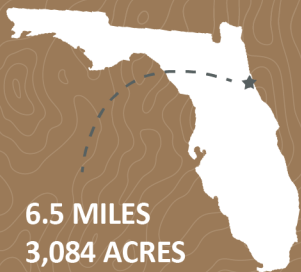
-LEASHED PETS IN
DESIGNATED AREAS



IMMEDIATE
EMERGENCY PHONE
911



PARK PHONE
(386) 313-4020



6.5 MILES
3,084 ACRES



Restrooms, water
and a bike station
are located about
a quarter mile
south of the
parking lot at the
Lehigh Trailhead.



Trails can have
loose sand if it
hasn't rained in a
while, making for
difficult riding.

Maintained by Graham Swamp Trail Crew
For more information, check out
flaglercounty.gov





TOM BROWN PARK

Located in eastern Tallahassee, this large, multi-purpose park features a wide range of recreational activities. Tom Brown Park offers access to a couple single track trails as well as a pump track. These trails include Gun Range Trail and Magnolia Trail. Tom Brown Park is adjacent to and connects with Lafayette Heritage Trail Park, featuring more trails. Most of the trails at Tom Brown are suitable for all ages and ability levels.

TOM BROWN PARK



501 EASTERWOOD DRIVE
TALLAHASSEE, FL 32311



TERRAIN: VARIED
NATURAL SURFACE



FREE



- HELMET REQUIRED
- SINGLE-TRACK TRAILS
- LEASHED PETS ONLY



IMMEDIATE
EMERGENCY PHONE
911



PARK PHONE
(850) 891-3866



3.1 MILES
2 TRAILS
305 ACRES



As one of Tallahassee's largest parks, Tom Brown Park boasts biking trails and a pump track.



There are biking opportunities at Tom Brown Park for all abilities and ages.

Maintained by the City of Tallahassee and Tallahassee Mountain Bike Association

For more information, visit
talgov.com/parks/parks-tombrown





SANTOS TRAILS

The trail system at Santos is designed in a series of concentric loops, all within the Marjorie Harris Carr Cross Florida Greenway. Santos Trails boasts three main trails with smaller loops throughout. The outer loop of Pine Tree Trail is an easy trail, with two turnoffs. Dr. Ruth and Cowbone are considered intermediate. The Sinkhole Trail is considered one of the more difficult trails, with a series of tight curves alongside sloping forested hillsides. The Vortex Trail is for more experienced riders, with extremely steep sides and known as “Extreme Mountain Bike Section.”

SANTOS TRAILS



3080 SE 80TH ST.
OCALA, FL 34480

 **TERRAIN:**
NATURAL SURFACES



FREE
(CAMPGROUND
REQUIRES FEE)



-HELMET REQUIRED
-SINGLE-TRACK ONLY
-LEASHED PETS ONLY



**IMMEDIATE
EMERGENCY PHONE
911**



**PARK PHONE
(352) 369-2693**



90 MILES
21 TRAILS
70,000 ACRES



The deeper into
the loops you go,
the tougher the
trails are.



Check out Santos
Annual Fat Tire
Festival, hosted
every March.



Maintained by Ocala Mountain Bike Association
For more information, visit omba.org





WEST CAMPUS TRAILS

Discover the beauty of nature and the thrill of mountain biking at the West Campus Trails of the University of West Florida. With 23 miles of well-maintained trails winding through scenic landscapes, riders of all levels can enjoy a variety of experiences, from leisurely rides to exhilarating challenges. Whether exploring the gentle slopes of easy trails or testing your skills on more difficult terrain, the West Campus Trails offer something for everyone. Immerse yourself in the serenity of Pensacola's natural surroundings.

WEST CAMPUS TRAILS



11969 PATE ST.
PENSACOLA, FL 32514



TERRAIN: VARIED
NATURAL SURFACES



FREE



-RIDERS MUST YIELD TO
PEDESTRIANS AND
EQUESTRIAN USERS

-STAY ON DESIGNATED
TRAILS

-HELMETS REQUIRED

-NO MOTORIZED
VEHICLES



IMMEDIATE
EMERGENCY PHONE
911



UWF POLICE PHONE
(850) 474-2415



23 MILES



The West Campus Trails span diverse terrain, providing ample space for outdoor adventure.



Covers 23 miles and offer a vast network of interconnected paths for riders to explore.

Maintained by Pensacola Off-Road Cyclists
PORC.org/UWF-Trails





FloridaDEP.gov/OGT

OFFICE OF GREENWAYS AND TRAILS
FLORIDA DEPARTMENT OF ENVIRONMENTAL PROTECTION