

Celebrate Recreation & Parks Month!

#OutdoorFlorida

SUN	MON	TUE	WED	THU	FRI	SAT
						Set a hiking goal for the month 1
Watch the sunset from the coast 2	Spot bird nests with binoculars 3	Photograph a native plant along a trail 4	Go geocaching 5	Refresh yourself on bike safety 6	Take a five senses hike 7	Volunteer at a local park 8
Enjoy the sunrise with a morning run 9	Visit a State Trail 10	Sign up for a group hike near you 11	Tune in to the Outdoor Florida Webinar 12	Plan a trip to a Florida Trail Town 13	Make homemade seed paper 14	Fly kites with family 15
Make a trail snack 16	Identify 3 wildflowers on nature walk 17	Paint a bird house 18	Have a kayak picnic with friends 19	Stargaze under the New Moon 20	Draw nature scenes with chalk 21	Listen to the birds sing 22
Play an outdoor sport for 30 minutes 23	Enjoy a book while hammocking 24	Bike to the farmer's market 25	Go birdwatching 26	Look for wildlife at a local pond 27	Go swimming at a spring 28	Have a picnic outside 29
Jog around your block 30	Go roller-skating 31					

